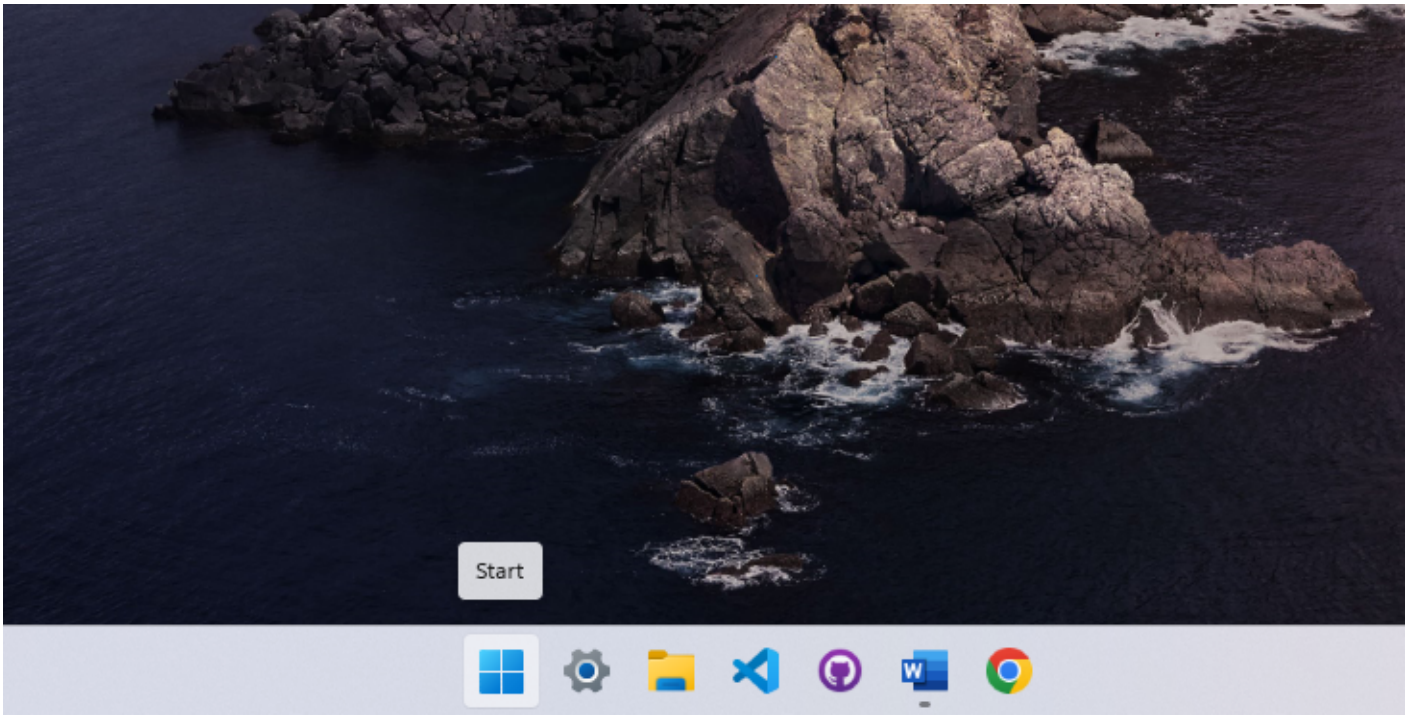
Windows: Restarting your machine

Here’s how to **reboot your Windows machine** in a few simple steps. Windows 11 and 10 and generally the same.

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1. Open the Start Menu

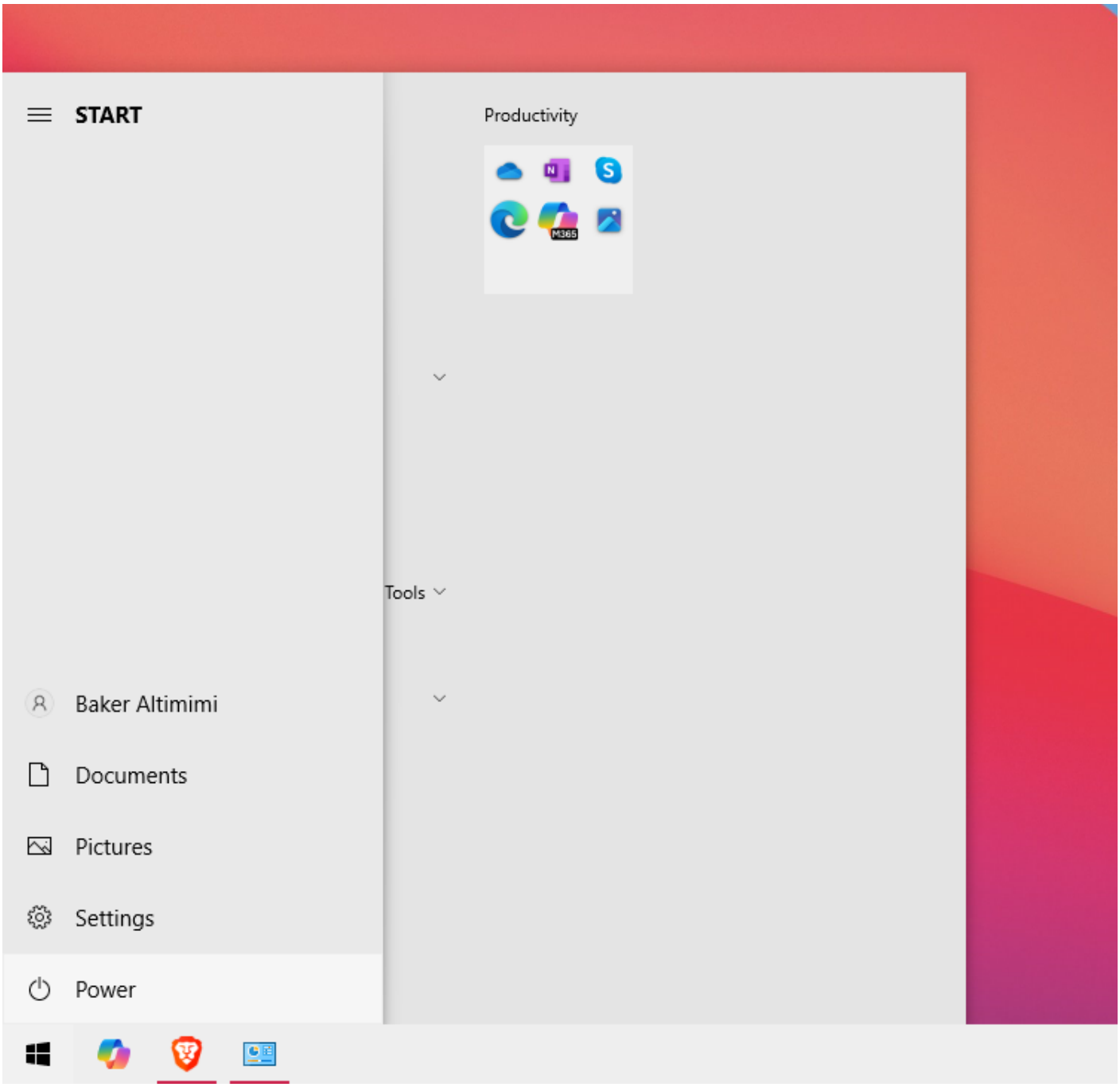
Press the **Windows** key on your keyboard to bring up the Start Menu.



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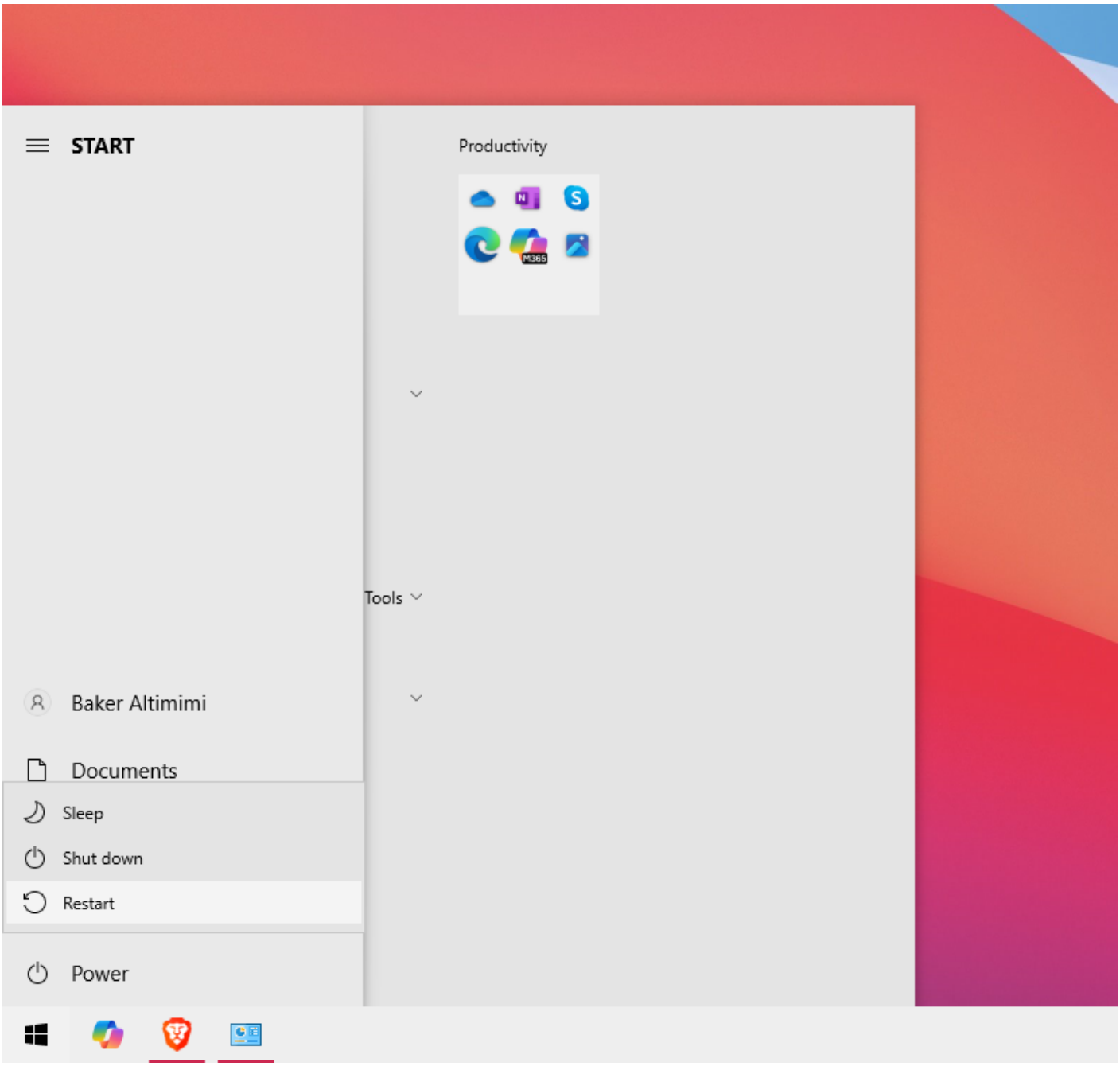
2. Select Power Options

In the Start menu, find and click the **Power** icon, which looks like a small circle with a vertical line in the middle



3. Choose Restart

Click on **Restart**. Your computer will close all programs, log off, and reboot automatically.



4. Confirm and Save Work

If prompted, make sure to save any unsaved work before proceeding, as restarting will close open applications.

Benefits of Rebooting Over Shutting Down

Restarting a computer offers some unique advantages over shutting down. When you restart, the system clears temporary files and cache, freeing up system memory. This often resolves minor glitches, refreshes processes, and optimizes performance. Importantly, rebooting also completes pending updates. Updates often require a reboot to fully install changes, improving system security and stability. Unlike a complete shutdown, which does not necessarily initiate updates, restarting ensures that patches, driver updates, and other system improvements are applied.

Thanks for reading this Article, if you are still experiencing issues and nothing has been resolved then please contact the support team.

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